



With our mission to “connect our community to sustainable agriculture” front and center, we hope you will consider the Farm as your “safe space” to reconnect with the soil and each other during these uncertain times. And we invite you to our Farmstand every Wednesday from 4-7pm to enjoy healthy, hyper local food, flowers and herbs. Dig Where You Live!

VOLUNTEER SAFETY PROTOCOL

In response to COVID-19

STAY HOME IF YOU'RE UNWELL: This helps you and other volunteers stay healthy.

Please do not visit the Farm if:

- You are experiencing any symptoms of illness such as a fever, cough or shortness of breath;
- You believe you have been exposed to a person with a confirmed or suspected case of COVID-19 within the past 14 days; or
- You have been diagnosed with COVID-19 and you have not been cleared as non-contagious by state or local public health authorities.

KEEP IT CLEAN: We have hand sanitizer on site and will be washing down common areas after each volunteer event. Remember to follow all hand washing/face touching guidance that is posted EVERYWHERE!

SOCIAL DISTANCE: Position yourself at least six feet away from others, there is plenty of room to spread out on the Farm and lots of ground to cover. We also recommend that all volunteers wear a mask.

WORK GLOVES: Please bring your own gloves if you have them; we'll be washing gloves after each use and will have them on hand should you need them.

TAKE CARE OF YOURSELF: Stress can weaken the immune system, so keep doing the things that keep you healthy, including eating lots of fruits and vegetables. Good rest, lots of hydration, fresh air and physical activity like gardening can support your well-being.